

# LOViT Trail Marathon

**Date: Saturday, December 21st**

**Time: 8:00 am**

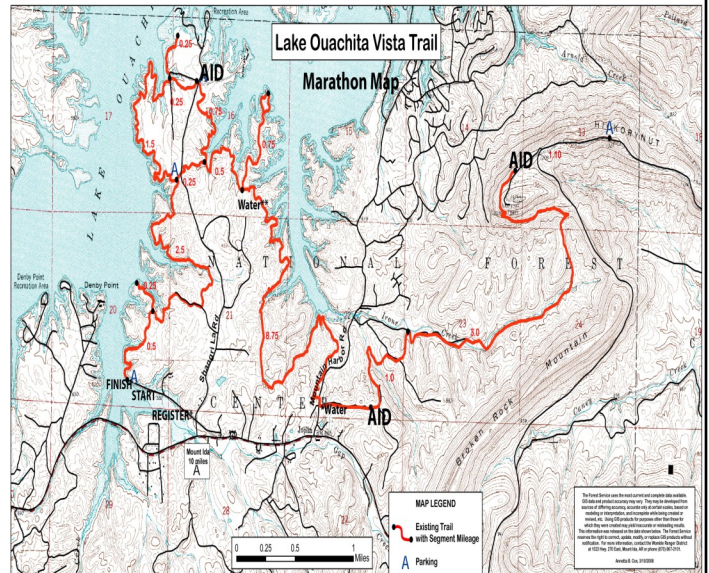
**Location: Lake Ouachita Vista Trail  
Shangri-La Drive  
Mount Ida, AR 71957**

**Rolling hills and beautiful scenery of Lake Ouachita and Hickory Nut Mountain.**

**No entry fee. Donations accepted.  
Registration: 7am-7:45am**

**For more information or to register call:**

**Phillip Carr- 501-802-5790 or email  
bpcarr13@gmail.com**



- Not a timed event
- No awards given
- Out and back course
- 4 manned aid stations
- Transportation available back to finish line for those only completing 1/2 marathon

**Mail form to or bring on Race day**

**Phillip Carr  
86 Rolling Hills Drive  
Mount Ida, AR 71957**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Cell # \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_

Emergency Contact # \_\_\_\_\_

I know that walking, running and volunteering to work in club races are potentially hazardous activities. I should not enter in this race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all risks associated with racing and volunteering to work in club races including, but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release MCHEAB and all sponsors from all claims and liabilities of any kind arising out of my participation in the race and or club activities even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recording, or any other record of this event for any legitimate purpose.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_